At Fallow, we believe in the power of plants to transform your health and well-being.

We offer premium quality plant protein powders, superfood pre-workout and electrolytes that will nourish your body, support muscle growth and help enhance your overall performance.

All of our products are:

- Dairy & Gluten Free
 - Nut Free
- Vegan & All Natural

Free Samples Available





"Energy is everything.
FUEL YOUR FUN
with Fallow"
Dan Maberly - Founder

Contact us

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- Scan QR Code for more info.





Created in the Australian Snowy Mountains.

Inspired by nature.



Natural Recovery is our natural electrolyte powder.

Offering the benefits of balanced natural electrolytes straight from nature to assist you with muscle cramps and hydration during training by restoring essential Sodium, Potassium and Magnesium.

Recover faster and stay ahead of the pack.

Available in 250g:

- Kakadu Plum
 - Raspberry

Organic Pro is our premium protein powder blend made from all natural plant based ingredients.

3 sources of plant protein offering a complete amino acid profile on a Coconut Powder base with Chia Seeds and Quinoa Puffs for a unique smooth but crunchy texture. Perfect to add to smoothies!

Available in 240g, 1kg, 3kg:

- Coffee Creme
- Cacao Coconut
- · Classic Vanilla





Stag Strength is our energising superfood preworkout powder.

Low stim - high focus only 38mg of caffeine derived from Matcha Green Tea and Gurana Seed.

Free of added sugar & packed full of vitamin C, natural anti-oxidants, adaptogens and carefully dosed caffeine to avoid a nasty energy crash while maintaining focus.

Available in 250g:

- Forest Berry
- Blood Orange