



akesi

NURTURING GOOD GUT HEALTH





AKESI CREDIBLE AND FOCUSED

- ☼ Informed and trusted gut health product leader in Singapore.
- ☼ Ensures the highest quality Australian products.
- ☼ Akesi is focused on overall wellbeing, specifically on improving the gut microbiota.
- ☼ Promotes a rational and morally responsible brand.
- ☼ Shares sound scientific evidence on the emerging importance of gut health.
- ☼ Akesi provides five unique products to nurture good gut health and support overall wellbeing that cater to the whole family.



Akesi is part of the healing process.

The Greek God Akesis and Goddess Akeso represented the process of curing rather than the cure itself, and helped form part of the Akesi Brand



WHO ARE WE? AKESI NURTURES GOOD GUT HEALTH, NATURALLY

- ❁ Founded in Singapore in 2017 by Dr Elizabeth Biggs and Victoria McKellar. The health-conscious duo are excited to be helping people make dietary and lifestyle changes with a food as medicine approach. Together they share a common belief that functional medicine is the future of wellbeing.
- ❁ Akesi's reputation in Asia speaks for itself. The company has a strong track record of customers reporting better health outcomes after taking Akesi products.
- ❁ Nutritionists and clinical partners are endorsing Akesi, and also buying Akesi for their own families.
- ❁ Akesi is committed to expanding to new markets, and in the launch of new, science-forward products.



Akesi Co-Founders and their children



INTRODUCING AKESI BERRY

Replenish your gut health with a delicious multispecies PREbiotic, PRObiotic and POSTbiotic drink.

Fermented with **10 probiotic species together** with mixed berries to provide bioactive **polyphenol anthocyanins**, additional **vitamin C** and **10 billion good bacteria** in every serve.

Postbiotics include B. lactis and health promoting Short Chain Fatty Acids (**SCFA**).

Akesi Berry is popular with families and is great way to shift both children's and adults' diets away from sugary juice and sodas to a nutrient rich and delicious probiotic boost.

Perfect for the whole family above three years of age.

Suggested Use: Dilute 15ml (1 tablespoon) with 200ml sparkling or still water. May be gradually increased to 15ml three times per day. Can be taken either on an empty stomach or enjoyed with food.



Assists digestive health, maintains healthy bowel habits and provides immune system support.



INTRODUCING AKESI BERRY



The family favourite, Akesi Berry is a delicious and nutritious total gut health and antioxidant boost for adults and children



INTRODUCING AKESI TROPICAL - COMING SOON!

**Balance your gut health with a delicious multispecies
PREbiotic, PRObiotic and POSTbiotic drink.**

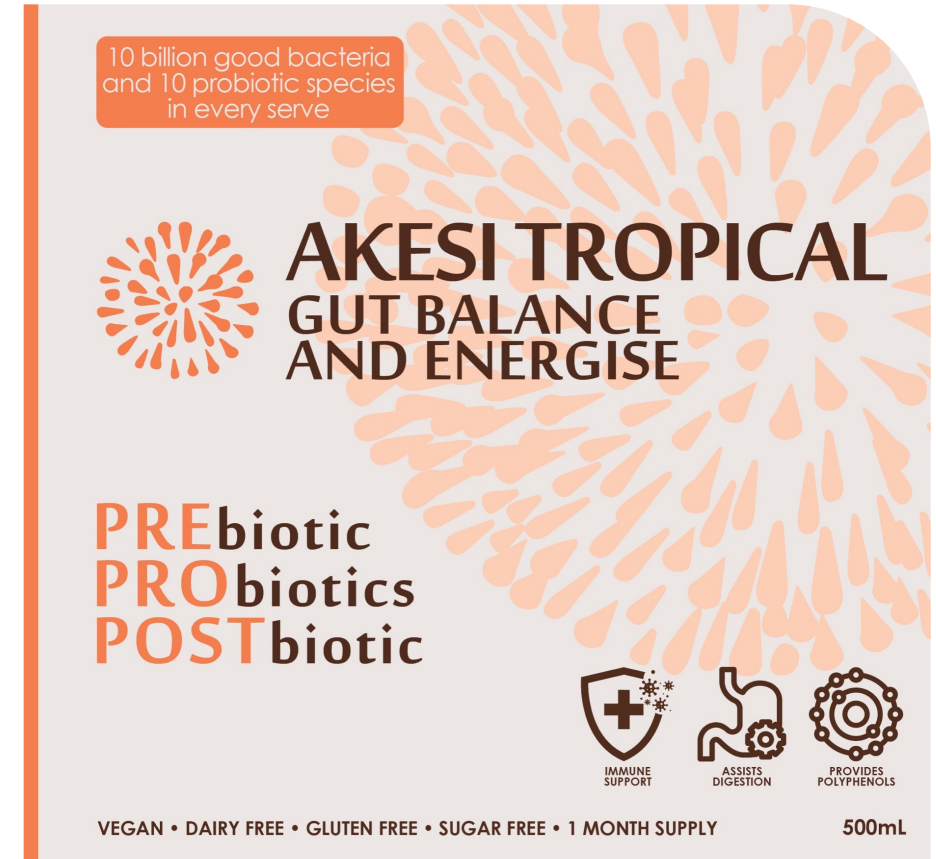
Fermented with **10 probiotic species** together with mango, passionfruit and pineapple to provide bioactive **polyphenols**, additional **riboflavin** and **10 billion good bacteria** in every serve.

Including **postbiotics** and health promoting Short Chain Fatty Acids (**SCFA**).

Akesi Tropical is popular with families and is great way to shift both children's and adults' diets away from sugary juice and sodas to a nutrient rich and delicious probiotic boost.

Perfect for the whole family above three years of age.

Suggested Use: Dilute 15ml (1 tablespoon) with 200ml sparkling or still water. May be gradually increased to 15ml three times per day. Can be taken either on an empty stomach or enjoyed with food.



Assists digestive health, maintains healthy bowel habits
and provides immune system support.



INTRODUCING AKESI TURMERIC

Restore your gut health and reinvigorate with a zesty multispecies probiotic drink.

Fermented with **8 probiotic species** together with turmeric, ginger and black pepper to provide **polyphenols** and **anti-inflammatory support**. **6 billion good bacteria** per serve.

The magic is also in this tonic's potent anti-inflammatory properties with 900mg of turmeric in every tablespoon serve.

This spicy tonic can be enjoyed straight as a quick shot – perfect for the person always on-the-go; or may be enjoyed diluted in still or sparkling water for delicious hydration.

Suggested Use: 15ml (1 tablespoon) per day, straight or diluted with liquid of choice. May be gradually increased to 15ml three times per day. Can be taken either on an empty stomach or enjoyed with food.



Assists digestive health, maintains healthy bowel habits and provides immune system support.



INTRODUCING AKESI TURMERIC



The perfect anti-inflammatory probiotic
for those on-the-go



INTRODUCING
PROBIOTIC+ BASE

A versatile all ages prebiotic and probiotic powder that can be combined with dairy/nut/infant milk products.

A neutral, dissolvable powder with **10 probiotic species** and all-important **prebiotic fibre** in the form of Fructo-oligosaccharide. **10 billion good bacteria** per serve.

Probiotic+ BASE also includes a high concentration of *L. rhamnosus* for its potential role in improving skin issues. *L. reuteri* has also been included for its potential in improving infant colic symptoms.

Probiotic+ BASE protects and nourishes the gut microbiota.

Ideal for all ages including the elderly and babies from birth.

0 – 8 months	9 months – 3 years	3 years – adult
1 level spoon (0.5g) daily	2 level spoons (1g) daily	3 level spoons (1.5g) daily
Insert powder inside lip and gum prior to feeding or mix with formula or baby food.	Insert powder inside lip and gum prior to feeding or mix with formula or food.	Take directly in the mouth or mix with food or liquid.



Assists digestive health, maintains healthy bowel habits and provides immune system support.



INTRODUCING PROBIOTIC+ BASE



BASE can be added to food such as yoghurt, smoothies,
raw balls, popsicles or sprinkled on fruit



INTRODUCING PROBIOTIC+ ELDERBERRY BOOST

A delicious prebiotic, multispecies probiotic and postbiotic powder in a convenient single use sachet.

It includes **prebiotic fibre** in the form of Fructo-oligosaccharide, **10 beneficial probiotic species** and **fermented elderberry** with **postbiotic L. plantarum**.
10 billion good bacteria per serve.

This delicious dissolvable purple powder also contains **polyphenol anthocyanins**.

Suggested Use: Adults and children over 3 years of age consume 1 sachet daily. Powder dissolves rapidly in the mouth or mix with food or liquids at room temperature or below. Can be taken either on an empty stomach or enjoyed with food.



Assists digestive health, maintains healthy bowel habits and provides immune system support.



INTRODUCING PROBIOTIC+ ELDERBERRY BOOST



Elderberry Boost can be added to food such as yoghurt, smoothies, warm porridge, or enjoyed directly on the tongue



AKESI QUALITY ASSURED

- ☼ Natural
- ☼ Vegan
- ☼ Dairy free
- ☼ Gluten free
- ☼ Sugar free
- ☼ Keto Friendly
- ☼ Made in Australia in a GMP and HACCP compliant and organic certified facility with state of the art testing facilities with full product quality, purity, safety, compliance and traceability
- ☼ Convenient one month supply products
- ☼ Probiotic count listed on label is throughout the shelf life
- ☼ Contained in protective, recyclable BPA-free HDPE/PET
- ☼ Shelf stable below 25-30 degrees Celsius, requires refrigeration once opened



Have you had your Akesi today?
Good gut health for the whole family.



AKESI WHAT OUR CUSTOMERS ARE SAYING

“The amazing thing is **Akesi** actually really, truly works for me. I experienced a very clear and definite improvement in my gut health after drinking their probiotic tonics, evidenced by a significant reduction in bloating and wind.”
Rose

“I suffered from sluggish bowel movements, gas and bloating for years but now that I take **Akesi Turmeric** every morning I have noticed a huge improvement.” *April*

“We started **Akesi Berry** as an effortless way to incorporate probiotics into our family’s diet. My wife, children and I find it so enjoyable that it has replaced all juice and soft drinks in our home.” *Paul*

“My baby boy was experiencing gas and constipation. It took some time to figure out how best to give the **BASE** powder to him but inserting the powder on my finger inside his cheek worked well, sometimes I add it to his bottle. We are very happy with his full diapers, calmer tummy and smiles.” *Grace*

“It tastes amazing! And for my kids, it’s a fun product - they love taking the **Elderberry Boost** sprinkled on their cereal or yoghurt, or sometimes just by itself. And at the same time, it benefits their daily health.” *Jen*



LET THE JOURNEY TO REDISCOVER YOUR GUTS BEGIN

AKESIWELLNESS.COM
@AKESIWELLNESS

