





#### **BLACK ELDERBERRY**

ORGANIC ANTIVIRALS

Super-Concentrate

Composed of organic Elderberries and renowned antivirals such as Skullcap Baikal, Cordyceps, Shiitake and Maitake, this potent medicinal syrup helps to support and restore the health of the immune, respiratory, cardio and nervous systems. This exquisite elixir is your first prime source of defense when cold & flu symptoms strike: delicious to enjoy on its own by the spoonful, or added to your favorite cup of tea for a protective boost.

INGREDIENTS: Elderberry\*, Skullcap Baikal Root^, Cordyceps Mushroom\*, Reishi Mushroom\*, Shiitake Mushroom\*, Maitake Mushroom\*, Ginger Root\*. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

**SUGGESTED USE:** Enjoy 1 tsp per serving, up to 2 times per day or as needed.

#### **DREAM**

SLEEP AID + THIRD EYE TONIC

Lucid Dreaming Elixir

Dream is a potent tonic made to enhance the body-mind connection during sleep. These herbs relax the nervous system, providing adaptogenic effects to the hypothalamus and brain while awakening the third eye. They are used to induce medicine dreams, allowing one to consciously travel during sleep to receive insights and answers from the psyche. Dream enhances Alpha brain waves, connected to deep states of meditation, therapeutic sleep (yoga nidra) and relaxation.

INGREDIENTS: Ashwagandha Root\*, Kava Kava Root, Passionflower\*, Ginger Root\*, Skullcap Leaf\*, Blue Lotus Flower^, Rose Petals^, Kalea Zacatechichi Pods, Rose Geranium Essential Oil. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

SUGGESTED USE: Add 1 tsp to your favorite non-caffeinated tea. Recommended with our Dream or Blue Lotus tea.

#### **CURAM**

ANTI-INFLAMMATORY + VITAMIN C

Organic Beauty Elixir

This is a multi-purpose formula that strengthens hair, muscles, joints and soft tissue. Curam oxygenates the skin with antioxidants and vitamin C rich herbs. These highly anti-inflammatory botanicals are known for their deeply rejuvenative and anti-aging qualities that also supply the gut with essential nutrients and support enzyme production.

INGREDIENTS: Turmeric Root\*, Camu Camu Fruit\*, Amla Fruit\*, Mangosteen Fruit\*, Holy Basil Flower\*, Lemon Peel\*, Black Pepper\*, Ylang-ylang Essential Oil\*. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

SUGGESTED USE: Add 1 tsp to your favorite tea, juice, cocktail or mocktail.

### **EUPHORIA**

APHRODISIAC
Mood, Joy + Bliss

This floral elixir awakens energy within the mind and body. These herbs naturally enhance serotonin production, bringing you to happiness and bliss. Euphoria supports the heart and reproductive system. Its deep floral notes summon soothing and aphrodisiac touches. While awakening the body, this formula enhances calmness and lucid energy, a feel-good tonic for both personal and shared use. Many of these herbs are used in the rainforest daily for heart and mind wellness.

INGREDIENTS: Guarana Seed<sup>^</sup>, Catuaba Bark<sup>^</sup>, Muira Puama Bark<sup>^</sup>, Suma Root<sup>^</sup>, Hibiscus Flower, Damiana Leaf<sup>\*</sup>, Schisandra Berry<sup>^</sup>, Goji Berry<sup>\*</sup>, Rose Petals<sup>^</sup>, Night Blooming Jasmine Essential Oil. Extracted in Vegetable Glycerin<sup>\*</sup>, Cane Spirits<sup>\*</sup> and Filtered Water.

SUGGESTED USE: Add 1 tsp to your favorite tea, juice, cocktail or mocktail.







#### **VIRIDEM**

#### DAILY DETOX + MINERALIZER

Cleanse, Mineralize, Alkalize

These botanicals are perhaps the most potent sources of essential minerals found in nature: one tablespoon equals a glass of dark green juice. This formula rids the liver and gallbladder of heavy metals, stagnant fats and toxic waste, while building blood with vital nutrients.

INGREDIENTS: Spirulina Algae\*, Chlorella Algae\*, Moringa Leaf\*, Chanca Piedra Leaf, Dandelion Root\*, Graviola Soursop Leaf, Holy Basil Flower\*, Lemon Peel\*, Lemongrass Leaf\*. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

SUGGESTED USE: Add 1 tsp to your favorite tea, juice, smoothie, cocktail, or salad dressing.

### **SCHISANDRA ROSE**

QUINTESSENCE OF TONIC HERBS

Clarity, Memory + Sight

A most exquisite elixir featuring one of nature's finest remedies. Wild Schisandra balanced with the delicate flavor of Wild Rose. Schisandra berries contain all three treasures of Jing, Qi and Shen according to Traditional Chinese Medicine, making it a powerful daily tonic to keep your system balanced on a physical, energetic, and spiritual level. Schisandra, with its high Vitamin C content, promotes the beauty and functionality of the skin, benefits the mind (especially memory), boosts energy, benefits sexual functions in men and women, and detoxifies the liver. It is a profound adaptogen with incredible ant-inflammatory, antiviral and detoxifying properties.

INGREDIENTS: Schisandra Berry<sup>^</sup>, Rose Petals<sup>^</sup>. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

SUGGESTED USE: Enjoy 1 tsp per serving, 2-3 times per day for optimal results. Enjoy in your beverage of choice.

#### **SOMA**

#### 7 MUSHROOMS + SCHISANDRA

Daily Defense + Vitamin & Boost

Soma's power lies in its ability to facilitate the body's inclination to regenerate, adapt and transform imbalances. Mushrooms enhance cellular oxygenation, bring antibodies to their full potential, uproot deep-seated stress and inflammation, and tone on a multi-organ level. Our formula contains large quantities of vitamin C, antioxidants and minerals.

INGREDIENTS: Reishi Mushroom\*, Agaricus Mushroom\*, Lion's Mane Mushroom\*, Cordyceps Mushroom\*, Chaga Mushroom\*, Maitake Mushroom\*, Shiitake Mushroom\*, Schisandra Berry<sup>^</sup>, Rose Petals<sup>^</sup>, Rose Geranium Essential Oil\*. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

SUGGESTED USE: Add 1 tsp to your favorite tea, juice, smoothie, mocktail, salad dressing or healthy meal.

### **COLLAGEN BOOSTER**

COLLAGEN PROTECTING ELIXIR

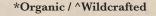
Skin, Hair Nails + Bones

This is a potent elixir of adaptogenic, mineralizing and beautifying herbs that boost and protect collagen naturally. It strengthens skin, hair and nails from within. Our formula contains wildcrafted and organic herbs, roots, flowers and peels, revered for their beauty-boosting properties.

INGREDIENTS: He Shou Wu Root', Horsetail Shavegrass', Gynostemma Leaf<sup>^</sup>, Nettle Root, Calendula Flower<sup>\*</sup>, Mangosteen Peel, Mangosteen Fruit\*. Extracted in Vegetable Glycerin\*, Cane Spirits\* and Filtered Water.

SUGGESTED USE: Add 1 tsp to your favorite tea, juice, smoothie or plant based meal. Enjoy 2-3 times per day for best results.





## ⋄ TONICS ⋄



HERBAL SUPPLEMENT

#### **CEREBRUM**

MEMORY + ENERGY

Brain Support

This deeply nourishing formula boosts brain performance and mental health by encouraging circulation to the hypothalamus and pituitary gland. These herbs stimulate nerve growth, which inhibits brain dysfunction and associated neurological diseases. They also help to relieve stress and depression.

INGREDIENTS: Brahmi Leaf\*, Lion's Mane Mushroom\*, Ginkgo Biloba Leaf\*, Gotu Kola Leaf\*, Holy Basil Flower\*, Rosemary Leaf\*. Extracted in Cane Spirits\*, Vegetable Glycerin\* and Filtered Water.

SUGGESTED USE: Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.

### **DOLORES**

PAIN MANAGEMENT

Botanical Analgesics

This powerful elixir features Blue Lotus, Mulungu, Elephantella and Indian Warrior- all of which have been marked as sacred and are sought out for their ability to calm the nervous system and aid in pain management. Blue Lotus, famously used by the ancient Egyptians to relax the body and induce a euphoric state, increases spiritual awareness and insight; Mulungu has been long used by indigenous peoples of the Brazilian Amazon as a sedative, for relieving anxiety and for restorative sleep; Elephantella is known to relax the musculoskeletal system and calm anxiety; Indian Warrior has been popularly used in the past as a muscle relaxant, allowing for deeper relaxation and heightened awareness.

INGREDIENTS: Mulungu Bark^, Blue Lotus Flower^, Indian Warrior Flower^, Elephantella Flower^, Wild Dagga Flower^, St. John's Wort Leaf. Extracted in Cane Spirits\*, Vegetable Glycerin\* and Filtered Water.

SUGGESTED USE: Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.

#### **HAPPINESS**

**ADAPTOGENIC** 

Supports Balanced Moods

This uplifting formula contains Mucuna, St. John's Wort and Albizia which are used to uplift mood and assist with emotional stability, all while stimulating dopamine and serotonin receptors. By releasing bioavailable L-Dopa into the bloodstream, taking these herbs for depression boosts dopamine levels, serotonin, and other vital hormones. It can also improve sexual health and overall energy levels.

INGREDIENTS: Mucuna Seed, Albizia Bark, Rhodiola Root\*, Ashwagandha Root\*, St. John's Wort Leaf\*. Extracted in Cane Spirits\*, Vegetable Glycerin\* and Filtered Water.

**SUGGESTED USE:** Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.



### RELAX

CHILL + LET GO Nervous System Support

A relaxing tonic created to help you decompress, unwind and calm down. Blended with organic and well known nervine relaxants such as Lemon Balm Leaf, Passionflower, Chamomile, Ashwagandha and Lavender. Perfect to help you ease into the evening or any time you want to keep calm and carry on!

INGREDIENTS: Lemon Balm Leaf\*, Passionflower Leaf\*, Chamomile Flower\*, Ashwagandha Root\*, Lavender Flower\*. Extracted in Cane Spirits\*, Vegetable Glycerin\* and Filtered Water.

SUGGESTED USE: Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.



\*Organic / ^Wildcrafted

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#### COLDS & FLU

RAPID RELIEF

Echinacea Plus

Colds & Flu is a potent booster known to relinquish bacteria and boost the immune system. Each herb consists of antiviral chemistry, with a particular emphasis on relieving sinus and lung congestion. Our formula targets coughs, lung-based imbalances, sinus infections, and low immunity. Add to juice or tea, and drink throughout the day for optimal results. Use as needed when feeling ill.

INGREDIENTS: Fresh Ginger Root\*, Echinacea Purpurea Root\*, Echinacea Angustifolia Root\*, Fresh Garlic Bulb\*, Turmeric Root\*, Boldo Leaf\*, Cayenne Pepper\*. Extracted in Cane Spirits\*, Vegetable Glycerin\*, Apple Cider Vinegar and Filtered Water.

**SUGGESTED USE:** Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.

#### **ADAPTOGENIC**

7 MUSHROOM + CAMU CAMU

Double Extracted / Immune Protection

Mushrooms provide essential vitality, boosting the body with high volumes of antioxidants for cellular regeneration. They can also increase longevity and help prevent disease. This formula contains 7 essential mushrooms enhanced with fruit-derived vitamin C.

INGREDIENTS: Reishi Mushroom\*, Agaricus Mushroom\*, Lion's Mane Mushroom\*, Cordyceps Mushroom\*, Chaga Mushroom\*, Maitake Mushroom\*, Shiitake Mushroom\*, Camu Camu Fruit\*, Mangosteen Fruit\*. Extracted in Cane Spirits\* and Filtered Water.

SUGGESTED USE: Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.

#### **AMARGO**

DIGESTIVE BITTERS

Gas + Bloating Relief

Bitters are our gut's best friend. These sour and bitter herbs help boost enzymes, assimilate nutrients, and detox the liver. Bitters curb stagnation by increasing bile flow and breaking up congealed phlegm and oils in the liver. They prevent a sluggish metabolism, intestinal gas, cravings, and bloating after meals.

INGREDIENTS: Quassia Wood<sup>^</sup>, Dandelion Root\*, Burdock Root\*, Lemon Peel\*, Milk Thistle Seed\*, Oregon Grape Root\*, Ginger Root\*, Mugwort Leaf\*, Boldo Leaf\*, Cardamom Pod\*, Orange Peel\*. Extracted in Cane Spirits\* Vegetable Glycerin\* and Filtered Water.

SUGGESTED USE: Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.





### FAT BELLY

METABOLISM BOOST

Liver + Gut Detox

Our formula provides a sustainable route toward detox and weight loss, containing botanicals known to flush congestion from the liver and gallbladder, as well as balance metabolism. Fat Belly provides clean detoxifying energy with minimal levels of caffeine. The chemistry of Green Coffee, Cha de Bugre, and Garcinia is known to fortify the cardiovascular system while strengthening veins and arteries. This formula is highly effective in tandem with a plant-based diet.

INGREDIENTS: Garcinia Fruit, Green Coffee Bean, Cha de Bugre Leaf, Mangosteen Peel, Mangosteen Fruit\*, Turmeric Root\*, Ginger Root\*, Hibiscus Flower. Extracted in Cane Spirits\*, Vegetable Glycerin\* and Filtered Water.

SUGGESTED USE: Shake well before using. Take 50 drops (1/2 tsp) in water, juice or tea. Enjoy 2-3 times a day, or as needed, before meals.





ECHINACEA PLUS

Rapid Relief\*
HERBAL SUPPLEMENT
2fl.oz. † 59ml

DOUBLE EXTRACTED

7 Mushroom & Camu Cam HERBAL SUPPLEMENT

\*Organic / ^Wildcrafted

## ⋄ MUSHROOMS ⋄ →



DDY GUARD

#### LION'S MANE

**BRAIN TUNER** 

Brain Super Tonic

Lion's Mane is a natural and effective nootropic. Also known to be a nerve replenishing tonic due to its ability to assist with NGF (Nerve Growth Factor) production and protection. Apart from extensive vitamins and minerals, Lion's Mane also contains some specific compounds that have proven to have antibiotic, anti-cancer, neuro-protective, fat and glucose-lowering effects. This mushroom also protects against stomach ulcers, improves anxiety, cognitive function, improves depression, and has anti-fatigue and anti-aging properties.

INGREDIENTS: Lion's Mane\*, both fruiting body + mycelium. Steam extracted + grown in Washington State.

SUGGESTED USE: Add 1 tsp to your choice of beverage or food. Increase up to 2 tsp when needed for added energy.

#### **CORDYCEPS**

INVINCIBILITY

Energy Super Tonic

Cordyceps has been widely used as an energizing "heal all" in Traditional Chinese Medicine for centuries. With a plethora of benefits, it's mainly used for: fatigue, exhaustion, increasing aerobic capacity, protecting the liver, improving kidney function, alleviating respiratory illnesses and enhancing libido. It is also recommended for those with excessive stress and debility, all while improving energy, endurance, stamina, appetite and disrupted sleep patterns.

INGREDIENTS: Cordyceps\*, both fruiting body + mycelium. Steam extracted + grown in Washington State.

SUGGESTED USE: Add 1 tsp to your favorite smoothie, juice, tea or healing food. Enjoy 1-2 times daily.



### **CHAGA**

**BODY GUARD** 

Immune Protectant + Antioxidant

Chaga is a favorite among many cultures throughout the world including Russia, Scandinavia, and North American tribes. Chaga has been shown to effectively reduce tumor growth, prevent cancer, boost the immune system, boost mental performance and more! Its high antioxidant and anti-inflammatory chemistry make it an excellent medicine that supports body and mind protection.

INGREDIENTS: Chaga\*, both fruiting body and mycelium. Steam extracted + grown in Washington State.

**SUGGESTED USE:** Add 1 tsp to your favorite smoothie, juice, tea or healing food. Enjoy 2-3 times daily.

#### REISHI

FOUNTAIN OF YOUTH

Spirit Super Tonic

Reishi is a pharmacy within itself, revered for its unique longevity chemistry. It contains many healing benefits, such as: promoting heart and liver health, combatting tumor growth, fighting allergies, improving lung function, addressing respiratory issues and improving asthma symptoms. It also assists in regulating hormones and blood sugar. It is commonly used for its antiviral and immune-protecting properties.

INGREDIENTS: Reishi\*, both fruiting body and mycelium. Steam extracted + grown in Washington State.

SUGGESTED USE: Add 1/2 tsp to tea, coffee, or your choice of beverage. Reishi is also exquisite in soup or in meals.





## SINGLE INGREDIENT SUPERHERBS ©



### **BUTTERFLY PEA FLOWER**

#### BLUE HEALER

Nervous System Balance

Traditionally called *Anchan* tea in Ayurveda. It is used in devotional ceremonies to bring in protection, love and peace. This beautiful blue tea is known to calm the mind and the nervous system. It is an antioxidant, a natural nootropic, and also is used for beauty purposes - contributing to healthy hair, skin and eyes. We encourage you to play with this magical plant, as a change in the acidity or minerality of the water you use (try using a bit of lemon in your water for more of a violet hue) will change the hue of your creations. Enjoy!

**INGREDIENTS:** Butterfly Pea Flowers\*.

SUGGESTED USE: Add 1/4 tsp to your favorite tea, lemonade, favorite meal, bath, face mask and beyond. Enjoy up to three times per day.

# ROSE OPEN HEART Love + Serenity

Rose petals and their medicine help to move and open a heart which has tightened emotionally and spiritually. Known throughout history to be nourishing to the mind, body and spirit in totality. A wonderful nervine, great for uplifting the mood and alleviating depression, Rose also has antispasmodic, aphrodisiac, beautifying and sedative qualities, as well as being anti-inflammatory.

**INGREDIENTS:** Rose Petals.

SUGGESTED USE: Add 1/2 tsp to your favorite tea, latte, healing foods, desserts and more. It's blissful on just about anything. Increase up to 1 tsp if needed.

#### **ASHWAGANDHA**

RELAX + HEAL
Nature's Chill Pill

Known as Indian Ginseng, Ashwagandha is renowned for its ability to calm, soothe and strengthen the body. It serves many purposes supporting the immune, neurological, endocrine and reproductive systems. Clinical studies show that it may help combat stress and anxiety while boosting brain health.

INGREDIENTS: Ashwagandha Root\*, 1.5% Withanolides.

SUGGESTED USE: Add 1/2 tsp to your favorite juice, smoothie, tea and/or food. Enjoy 2-3 times per day.



### **MUCUNA**

"THE DOPAMINE BEAN"

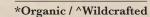
Dopamine + Serotonin Booster

Mucuna is known for its principal ingredient, L-Dopa, a naturally occurring amino acid which converts to dopamine in the brain. Often called "dopa-bean" as it naturally raises dopamine levels which produces joy, bliss, restful sleep, balanced hormone function and enhanced sexual function. In Asian medicine it is known to build "Jing", which translates to "vital essence".

INGREDIENTS: Mucuna Seed extract powder\*.

SUGGESTED USE: Add 1/2 tsp to your tea, coffee, milk, smoothie, or functional food. Enjoy up to 2 times per day. If intaking frequently, consume for up to 12 weeks. Stop use, and resume after a 2-3 week break.





## SINGLE INGREDIENT SUPERHERBS OF

### HE SHOU WU

ROOT OF LONGEVITY

Hair Strength

He Shou Wu, also known as Fo-ti, is an herb steeped in history revered by the scientific community and many healing traditions such as Traditional Chinese Medicine. It is traditionally used in reversing graying and hair loss. It is also revered as a holy herb, known to boost spiritual potency. Our He Shou Wu is prepared by a traditional method using black beans.

INGREDIENTS: He Shou Wu Root<sup>^</sup>, sustainably grown in Yunnan, China. SUGGESTED USE: Add 1/2 tsp to your favorite smoothie, juice, tea or healing food. Enjoy 2-3 times daily.

#### CHANCA PIEDRA

AMAZONIAN CLEANSER + ANTIVIRAL

Stone Breaker

Also called Stone Breaker, Chanca Piedra is a potent rainforest weed known to combat liver, gallbladder and kidney stones. Studies show it prevents the development and growth of lumps and potentially cancerous tumors. Chanca Piedra is a great daily cleanser to add to juice or detoxifying foods.

INGREDIENTS: Chanca Piedra Leaf\*.

SUGGESTED USE: Add 1 tsp to a green juice or alkaline drink for optimal effects. Enjoy 2-3 times per day before meals.

#### PAU D'ARCO

IMMUNE PROTECTION "Heal-All of the Rainforest"

Known as the Tree of Life to many Central and South American tribes, Pau D'Arco is a potent source of anti-fungal, antibacterial and antiviral support. It is used to combat candida and fungal-based gut inflammation, which allows it to boost blood with antibodies and protect the immune system.

INGREDIENTS: Pau D'Arco Inner Bark^, wildcrafted in Peru.

SUGGESTED USE: Add 1 tsp to your favorite juice, smoothie or tea. Enjoy up to 2 times per day. For acute symptoms, simmer for 15 mins on medium heat.

#### **SUMA**

ENERGY + STRENGTH

Brazilian Ginseng

Suma, is the Amazon's Ginseng, honored for centuries amongst its natives as a sacred food and medicine. Known for its potent energizing, adaptogenic and strengthening effects, it contains high amounts of antioxidants, amino acids, vitamins A, B, E, and K, minerals, and electrolytes.

INGREDIENTS: Suma Root, biodynamically harvested by small-scale farmers in the Brazilian Amazon.

SUGGESTED USE: Add 1/2 - 1 tsp to your favorite smoothie, juice, tea or healing food. Enjoy up to 2 times daily.

### **MORINGA**

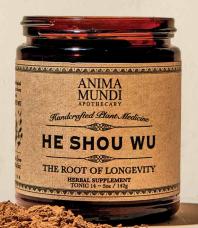
MINERALIZING

Super-Tonic

This miracle tree is known for its nutrient density and powerful mineral content. Moringa seeds, leaves and flowers are rich in antioxidants, essential amino acids and phytonutrients. It is commonly used as an energy booster and immune stimulant. It is rich in vitamin A and beta carotene which act as an effective booster for good skin and eye health.

INGREDIENTS: Moringa Leaf\*.

SUGGESTED USE: Add 1 tsp to your favorite juice, smoothie or tea. Enjoy 2-3 times per day or as needed.



\*Organic / ^Wildcrafted



## **SOURCE VEGAN COLLAGEN BOOSTERS €**

### **ORIGINAL FORMULA**

**EXTRA STRENGTH** 

Adaptogenic Goodness

Our signature formula is the ultimate beauty boost - this blend of adaptogens, ancient herbs and flowers supports radiant hair, glowing skin, healthy nails, and more. Each herb assists in its own way to promote natural collagen production within the body.

INGREDIENTS: He Shou Wu Root^, Horsetail Leaf<sup>^</sup>, Nettle Root, Gynostemma Leaf<sup>^</sup>, Calendula Flower, Mangosteen Mangosteen Fruit\*.

SUGGESTED USE: Add 1 tsp to your favorite tea, warm water, smoothie, or meal. Enjoy up to 2 times per day.

### **SUPER-FRUIT** BLISS

NATURAL VITAMIN C

Beautifying

This formula made up of collagen promoting herbs is enhanced with the beautifying powers of super fruits! We've included Schisandra berries for their adaptogenic and beautifying properties, along with Dragonfruit and Cranberry, known for their high antioxidant content and skin protecting properties. This blend is an excellent plant based solution for those that want to strengthen their bones, nails, hair, tissue and skin with only herbs.

INGREDIENTS: Pitaya Fruit, Cranberry Juice\*, Schisandra Berry, He Shou Wu Root^, Goji Berry\*, Horsetail Leaf^, Camu Camu Fruit\*, Nettle Root, Gynostemma Leaf^, Rose Petals, Calendula Flower, Mangosteen Peel, Mangosteen Fruit\*.

SUGGESTED USE: Add 1 tsp to your favorite tea, warm water, smoothie or meal. Enjoy up

### **DIRTY ROSE CHAI**

DIGEST + RESTORE Hair: Skin + Bones

This formula is composed of plants known for their collagen protecting and boosting effects. It is composed of adaptogens, digestive spices, and flowers known to support, beautify, repair and restore. This blend is a delicious way to strengthen bones, nails, hair, tissue and skin with 100% herbs.

INGREDIENTS: He Shou Wu Root', Cinnamon Bark\*, Lucuma Fruit\*, Horsetail Leaf<sup>^</sup>, Vanilla Bean<sup>\*</sup>, Ginger Root<sup>\*</sup>, Nettle Root, Rose Petals, Gynostemma Leaf^, Cardamom Seeds\*, Calendula Flower, Mangosteen Peel, Mangosteen Fruit\*.

SUGGESTED USE: Add 1 tsp to your favorite tea, warm water, smoothie, or meal. Enjoy up to 2 times per day.



## TEA COLLECTION OF

### **BLUE LOTUS**

FLOWER OF INTUITION

Wildcrafted

The Blue Lotus was held in high-esteem by many ancient cultures spread throughout the world - worshipped as a visionary plant and a symbol of life's origins. Famously revered in Ancient Egypt and by the Maya, it was considered the most essential sacrament to the Gods for its ability to grant psychic vision and wisdom. It is a nervine that provides deep relaxation and calms anxiety within the body and mind. It is a wonderful ally to use in ceremony, meditation, and lucid dreaming.

**INGREDIENTS:** Blue Lotus Flower<sup>^</sup>, ethically harvested in Thailand.

**SUGGESTED USE:** Infuse 1 Tbsp in 1 cup of hot water. Allow to steep 5-7 minutes.

#### **GYNOSTEMMA**

HERB OF IMMORTALITY

Adaptogen + Miracle Grass

Gynostemma, also known as Jiaogulan, is a nutrient-dense and adaptogenic 'miracle grass' known to have chemical constituents similar to Ginseng. In Traditional Chinese Medicine, it is known as the "Herb of Immortality," commonly enjoyed as a tea that can boost endurance, support weight loss, lower blood pressure, and protect against stress.

INGREDIENTS: Gynostemma Leaf^, wild grown in Yunnan, China

SUGGESTED USE: Add 1 tsp per 1 cup of hot water. Infuse 2-5 minutes, then strain. It is a very pleasant and naturally sweet tea.



#### **MATCHA**

CEREMONIAL - SINGLE ORIGIN

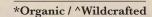
Stone Ground

Our ceremonial grade Matcha is produced in small batches on a regenerative and sustainable farm. Each leaf is handpicked with utmost care and then meticulously stone-ground to order, ensuring a vibrant and velvety texture. What sets our Matcha apart is its pure and pristine nature, a testament to our dedication to organic farming practices and traditional processes.

INGREDIENTS: Matcha (Camellia sinensis) Leaf\* sourced from Japan.

SUGGESTED USE: Add 1/2 tsp of Matcha to a vessel. Pour 2-4oz of hot water (about 170-180 degrees Fahrenheit or 80 Celsius). Whisk until smooth. Enjoy 1-2 times per day.











## TEA ACCESSORIES OF

#### SMALL TEA STRAINER

HANDMADE WOVEN BRASS

Simplicity + Elegance

This simple and elegant tea basket is handmade of solid brass. Designed to perch on the edge of a mug, the tightly woven basket strains leaves from a larger pot into a single serving. Or, this strainer is excellent for teas that should not be steeped for long periods of time, such as flowers like Blue Lotus.

**DIMENSIONS:** 2" Diameter x 0.7" Height

SUGGESTED USE: Place loose herbs within the basket in a mug or teapot, and pour hot water through it. Steep tea for as long as recommended.

### LARGE TEA STRAINER

HANDMADE WOVEN BRASS

Simplicity + Elegance

This solid brass tea strainer is woven by hand in India. This beautiful and practical tea basket can fit in a mug or tea pot. Due to its depth, you can fill it all the way to the top for a larger pour (for teapots) or halfway for a single dose. Its double handles rest gently on the rim and can be used to brew or strain loose-leaf tea, flowers, and more. Over time, the brass will acquire a rich patina.

DIMENSIONS: Basket 2.25" Diameter x 2.75" Height

SUGGESTED USE: Place loose herbs within the basket in a mug or teapot, and pour hot water through it. Steep tea for 5 minutes, or as long as recommended.

## LARGE TEA STRAINER WITH HANDLE

HANDMADE WOVEN BRASS

Simplicity + Elegance

This solid brass tea strainer is woven by hand in India. This beautiful and practical tea basket can fit in a mug or tea pot. Due to its depth, you can fill it all the way to the top for a larger pour (for teapots) or halfway for a single dose. Its long handle makes it easy to handle and place in a mug or large teapot. It can be used to brew any kind of loose leaf tea, herbs or flowers.

**DIMENSIONS:** Basket 2.25" Diameter x 2.75" Height; Handle: 4.60"

SUGGESTED USE: Place loose herbs within the basket in a mug or teapot, and pour hot water through it. Steep tea for as long as recommended.

### **BRASS SPOON**

HANDMADE

We custom made our brass spoons with a wonderful artisan family in India, so we can have the perfect serving size when composing potions. This is the same family that also handcrafts our beautiful tea strainers. We've been huge lovers of brass everything, as you can see in our pictures, as it adds a tone of elegance and magic to the medicine spread.

**DIMENSIONS:** 17cm x 3cm / 1.1in x 5.11 in



INSTRUCTIONS FOR CARE: To keep these strainers and spoons clean, simply rinse and dry after each use. Do not let them stay immersed in water. Stains can easily be removed with an acidic agent, such as lemon juice.













## SUPERFOOD FORMULAS OF

#### **ADAPTOGENIC**

RESILIENCE

7 Mushrooms + Heirloom Cacao

Our adaptogenic formula contains 7 mushrooms, treasured for their miraculous chemistry. They are master longevity organisms known for multi-functional healing abilities. Each one possesses a unique trait like boosting immunity, preventing chronic illness, increasing brain function, as well as anti-tumoral, anti-viral and anti-inflammatory properties. Adaptogens directly balance the hypothalamus gland- the center of our hormonal system.

INGREDIENTS: Cacao Bean\*, Reishi Mushroom\*, Agaricus Mushroom\*, Lion's Mane Mushroom\*, Cordyceps Mushroom\*, Chaga Mushroom\*, Maitake Mushroom\*, Shiitake Mushroom\*.

SUGGESTED USE: Add 1 tsp to your favorite tea, Cacao, coffee, smoothie, or meal. Enjoy up to 2 times per day.

### **EUPHORIA**

HERBS FOR LOVE + CREATIVITY

Mood, Joy + Bliss

Indigenous peoples around the world have been spicing up their lives with the help of wise and precious plants for as long as humans have explored sexuality. In fact, some of the most potent aphrodisiacs, mojo boosters, and mood enhancers come from the jungle's lush terrain. Other than being a mood uplifter, the plants within this formula are known to arouse the spirit, make us feel good and elevated, while containing plants known to nurture our reproductive organs, help curb excess stress, anxiety and soothe overworked nerves.

INGREDIENTS: Pomegranate Fruit, Cacao Bean\*, Lucuma Fruit\*, Damiana Leaf, Catuaba Bark, Schisandra Berry, Guarana Seed, Muira Puama Bark, Vanilla Bean\*, Monk Fruit, Goji Berry\*.

SUGGESTED USE: Add 1 tsp to tea, juice, smoothie or favorite dessert.

#### **HAPPINESS**

SUPPORTS BALANCED MOODS

"Herbal Coffee"

This super-powder contains key herbal allies that we like to call 'happy herbs', such as Ashwagandha, Rhodiola, Mucuna, Albizia and St John's Wort. To top it all off, we combined these happy herbs with coffee-esque bases for their grounding and exquisite flavors, such as roasted Dandelion, roasted Chicory, Maca, Lucuma, Burdock, Mesquite and real organic Vanilla. The taste is earthy, lightly roasted, malty, aromatic, sweet with a mild bitter backnote. Pair with your choice of milk, and/or sweetener for a true treat!

INGREDIENTS: Roasted Dandelion Root\*, Roasted Chicory Root\*, Burdock Root\*, Maca Root\*, Mesquite Pods\*, Ashwagandha Root\*, Mucuna Bean, Albizia Bark^, Rhodiola Root\*, St. John's Wort^, Lucuma Fruit\*, Cinnamon\*, Vanilla Bean\*.

SUGGESTED USE: Add 1 Tbsp per cup of hot water, or in your choice of tea. Also, enjoy in your favorite healthy meal.

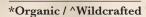
#### **BELLY LOVE**

DE-BLOAT + DETOX
Metabolism Harmonizer

We live in a world where there is an abundance of bad fats, oils and ingredients within the marketplace finding their way into our lives unperceived and in the most unexpected ways. Overtime, these can tax our liver and cause a bunch of common side-effects such as bloating, gas, allergies, stagnation, a backed up metabolism and more. To combat this we designed this formula with the intention to help assist fat metabolism, boost healthy digestion, detox and to boost metabolism. This exquisite powder is easy to dust into anything, from healthy foods, smoothies, juices, to simply dissolving in water to drink as a digestive juice before meals.

INGREDIENTS: Cranberry Fruit\*, Garcinia Fruit, Mangosteen Fruit\*, Mangosteen Peel, Cha de Bugre Leaf^, Ginger Root\*, Hibiscus Flower\*.

SUGGESTED USE: 1.5 tsp per serving in warm water, tea, smoothies or juices. Recommended intake is 2x per day 30 min before meals. Enjoy for 30 days and adjust dosage if needed.





## SPIRIT TOOLS

### **SACRED SMOKE**

Heart Chakra Geremonial Blend

Sacred Smoke is a ceremonial blend of herbs and flowers created to help one relax and unwind. Whether recreational, spiritual or medicinal, the ritual of smoking herbs is documented throughout history.

INGREDIENTS: Raspberry Leaf\*, Mugwort\*, Damiana\*, Skullcap\*. Mullein\*, Rose Petals^, Calendula\*, Blue Cornflowers^.

### **FLORES SAGRADAS**

Grown Chakra Geremonial Blend

A relaxing loose botanical smoking blend composed of sacred flowers used amongst different traditions as sacred ceremonial tools for smoke cleansing, relaxation and more. This herbal smoke blend is to be used ceremonially and mindfully, to conjure and open the crown chakra. These flowers are known for their profoundly calming effects, as well as their mystical and lucid chemistry.

INGREDIENTS: Blue Lotus^, Wild Dagga^, Indian Warrior^, Mugwort\*, Rose Petals^, Blue Cornflowers^.

### **SACRED SMOKE** PRE-ROLLS

Heart Chakra Blend

One of our signature smokes now available as pre-rolls! A relaxing everyday blend without cbd hemp.

INGREDIENTS: Raspberry Leaf\*, Mugwort\*, Damiana\*, Mullein\*, Rose Petals^, Calendula\*, Blue Skullcap\*, Cornflowers^.

## SACRED HEMP PRE-ROLLS

Euphoric & Relaxing

A relaxing and euphoric smoke made from organic botanicals, pre-rolled for convenience and ease! Composed of organic Hemp CBD flower and beloved botanicals known to assist in relaxation, this blend provides a mild euphoria and relief from tension.

INGREDIENTS: Hemp Flowers\*, Mugwort\*, Damiana\*, Skullcap\*, Raspberry Leaf\*, Mullein\*, Calendula\*, Blue us^, Rose Petals^, Blue Cornflowers^

#### PALO SANTO

Wild Harvested

Palo Santo is regarded as the Tree of Life in many cultures. Its wood is often used as a sacred smudge to purify spaces of negative energy, toxins and sickness. Our Palo Santo is wild harvested by sustainable Northern Peruvian farmers.

## PALO SANTO OIL Protection

For centuries, Palo Santo oil has been used ceremonially by indigenous cultures for protection. It is worn for both medicinal purposes as well as its energy.

INGREDIENTS: Palo Santo^ essential oil and Jojoba Oil\*.

### PALO SANTO WATER

Protection Myst

This myst purifies and protects the aura with Palo Santo's energy. This tree has traditionally served to provide energy and infuse the body with light.

**INGREDIENTS:** Palo Santo Essential Oil. Purified Water

SUGGESTED USE: Shake well and spritz around yourself to clear your atmosphere, or as a gentle and refreshing woody perfume.

\*Our Wildcrafted Palo Santo Wood and Oil is harvested and produced by a family in Northern Peru. This family purposefully replants and has sustainably crafted medicines for hundreds of years.

## **TOOTH POLISH**

This is a highly mineralizing nutritional toothpaste made of wildcrafted clay and oral flora-boosting herbs. Clay and Neem are potent oils that boost enzyme function, assist with gum health and prevent microbial proliferation.

INGREDIENTS: MCT Oil, White Kaolin Clay, Sodium Bicarbonate, Peppermint Oil\*, Stevia Extract, Myrrh Oil, Neem Seed Oil.

SUGGESTED USE: Use as you would toothpaste: apply a small pearl to a toothbrush, brush, and rinse. Or, apply directly onto your gums and massage in a circular motion.

\*Organic / ^Wildcrafted



PROTECION MAGIC



#### -09

## **ESSENTIAL OILS**

#### 00

#### GENERAL GUIDELINES FOR USE:

#### **DIFFUSER:**

Add a few drops of essential oil to a diffuser to bring peace and wellbeing into your space.



#### BLUE CHAMOMILE

(Matricaria chamomilla)
Sustainably Grown, Nepal

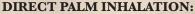
Relaxation, Cooling, Skin, Sleep



#### **FRANKINCENSE**

(Boswellia serrata)

Wildcrafted, India Sacred Scent, Respiratory Aid, Life Force Energy



Add a drop of essential oil to your palms and rub together until you feel a slight warmth building; pause and take a few deep breaths to inhale the healing aroma.



#### **BERGAMOT**

(Citrus bergamia)

Organic, Italy
Mood Stabilizing,
Uplifting, Skin + Hair



#### **CLARY SAGE**

(Salvia sclarea)

Sustainably Grown, Bulgaria Women's Health, Relaxation, Psychic Sight



**MASSAGE OIL:** 

Add a few drops to any carrier oil and

massage into skin to promote relaxation and

rejuvenation throughout the body.

#### BHUTAN CYPRESS

(Cupressus tolurosa)

Wild Harvested, Bhutan Cleansing, Focus, Hormone Support



#### LAVENDER KASHMIR

(Lavandula angustifolia)

Sustainably Grown, India Relaxation, Sleep, Nervous System Support



#### **EUCALYPTUS**

(Eucalyptus radiata)

Organic, South Africa Cleansing, Emotional Support, Respiratory Aid



#### NIGHT BLOOMING JASMINE

(Jasminum officinale var. sambac)
Sustainably Grown, India
Lung Support,

Skincare, Euphoria



#### **PALO SANTO**

(Bursera graveolens)

Wild Harvested, Ecuador Purification, Grounding, Creativity

## **ESSENTIAL OILS**

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#### **ECO-PROJECTS + DISTILLERS:**

The essential oils we offer come from a variety of ecological sources throughout the world. Each source holds an inspiring story—of hardworking communities, organic agriculture, sustainable agroforestry, economic upliftment, grassroots healthcare, and the preservation of ethnobotanical culture.



#### **PATCHOULI**

( Pogostemon cablin )

Sustainably Grown, India Skin Soother, Perfumery, Sensual Power



#### **RAVENSARA**

(Ravensara aromatica)

Sustainably Grown, Madagascar Respiratory Aid, Muscle Relaxation, Emotional Uplift



#### **ROSE GERANIUM**

(Pelargonium graveolens)

Organic South, Africa Uplifting, Skin Support, Balancing



#### **ROSE OTTO**

(Rosa damascena)

Organic, Bulgaria Heart Opener, Beauty, Sensuality



#### **ROSEWOOD**

(Aniba rosaeodora)

Sustainably Grown, Peru Immunity, Skincare, Calming



#### TULSI HOLY BASIL

(Ocimum sanctum)

Sustainably Grown, India Purification, Radiance, Immune Support



#### **SANDALWOOD**

(Santalum spicatum)

Organic, Australia Spiritual Inspiration, Sensuality, Perfumery



#### CORSICAN HELICHRYSUM

(Helichrysum italicum)

Sustainably Grown, France
Skin Health,
Rejuvenation, Beauty



#### **VETIVER**

(Chrysopogon zizanioides)

Wild Harvested, Haiti Joint + Skin Support, Soothing, Grounding



#### YLANG - YLANG

(Cananga odoratum totum)

Organic, South Africa Skin + Hair Glow, Sensuality, Nervous System Support





## MASTER ELIXIR KIT BARISTA SERIES

## **ALCHEMICAL COCKTAILS**

Medicinal mixers that can be added to non-alcoholic and alcoholic drinks.

Create your own medicinal tonic bar in your own kitchen or event! These are our 16oz bottles that are great for adding into craft cocktails, mocktails, teas, fresh juices, high vibe meals, and basically anything that inspires your palate. These bottles come with an easy to use orifice reducer to pour out the liquid efficiently when crafting cocktails and mocktails. Perfect for entertaining at homewith just the addition of tonic or sparkling water. They can also be enjoyed straight up to receive your medicinal dose of the day.

CONTAINS: Black Elderberry, Curam, Collagen Booster, Dream, Euphoria, Schisandra Rose, Soma, Viridem

100% botanically derived cocktail mixers.

Offers next-level mixology for both alcoholic and non-alcoholic drinks.

Potent medicinal formulas that are easy to use.

Add cocktails, juices, smoothies, and more. shelf stable / 2+ year shelf life.

Organic and wildcrafted, gluten free, vegan.





# ANIMA MUNDI APOTHECARY

## **#PLANTPOTIONS**

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