

MUSHROOM POWOFF





THE HAVING EEE EPS

## THE GAME CHANGERS

ADAPTOGENIC MUSHROOMS

Tonika is the resource for plant-sourced alchemy to nourish and enhance body, beauty, inner glow and consciousness.

We celebrate the unadulterated, exquisite flavours and healing forces of Functional Mushrooms,

Tonic Herbs and Adaptogens.



ASHWAGANDHA

ON ORGANIC

CALMING · DETOXIFYING