

HEALTH BENEFITS

SLEEP AID

Research shows that sweet cherries grown in New Zealand are a natural source of melatonin at over 30 times higher than other cherry varieties. This hormone is necessary for not just sending you to sleep, but also helping you stay asleep.



INFLAMMATION AND PAIN RELIEF

Cherries contain extremely high levels of anthocyanins which have powerful anti-oxidant and anti-inflammatory properties. Research conducted at Michigan State University found "the anthocyanins that make cherries red could also help relieve pain more effectively than aspirin."

REDUCTION IN GOUT & ARTHRITIS

Research suggests cherries may help reduce Gout attacks by reducing uric acid levels and Osteoarthritis by working directly on inflammation, through the positive effects of anthocyanins. A study by the Boston University Medical Center found that "Cherry intake was associated with a 50 percent lower risk of gout flares over a 48-hour period."

OUR RECOMMENDED SERVING SIZES

Many of our customers have seen beneficial results with as little as 50ml per night. For severe conditions we recommend increasing the daily intake to 100ml. Of course you can also just drink it every day because it tastes delicious!



For online sales please visit
edenorchardsltd@gmail.com
www.edenorchards.co.nz



100% Natural

**CHERRY
JUICE**

TESTIMONIALS

"My sleeping has improved since using this and
I NEED MORE"

Carolyn, Auckland

I got your cherry juice and it's fabulous, I'm
sleeping soundly all night, every night, unless I
forget to take it and then I'm back to my old habits"

Amie-Jane, Kaiapoi

"We purchased 3 bottles at the Christchurch Home
Show and have been using it as a Sleep Aid with
great results !!!"

Judith Honey, Christchurch

"I bought 3 bottles of cherry juice at the Home Show
a few weeks ago, and it is very helpful for sleeping
for my parents, I am wondering if I can buy more
like 10 or 20 bottles from you"

Luke, Auckland

"My husband and I have been using it and find it
very good as a sleeping aid"

Gaylene, Martinborough

"The fresh cherry juice is absolutely amazing. It is
100% cherry juice and is the only product I have
ever taken which helps me get a good night's
sleep. Thoroughly recommend it..."

"Thanks for making such a great product."

Jane, Martinborough

