



**September 14, 2013**

10:00 am - 5:00 pm

**Activity Stations**

No location

10:00 am - 5:00 pm

**Exposition**

No location

10:15 am - 10:45 am

**San Diego Gymnastics Demonstration**

No location

11:00 am - 11:30 am

**Boot Camp by KevCo Fitness Training**

No location

12:00 pm - 12:30 pm

**Solutions to Neck, Back, and Joint Pain by Sorrento Valley Pain Relief**

No location

1:00 pm - 1:30 pm

**CPR Demonstration by Precious Life CPR**

No location

2:00 pm - 2:30 pm

3:00 pm - 3:30 pm

4:00 pm - 4:30 pm

**Healthy Cooking Demonstration by Cooking 4 Life**

No location

**Point Loma Sporting Club**

No location

**Yoga Class by Yoga 6**

No location